



L A D Y M O N A R C H G a m e D a y N o t e s

2006 LADY MONARCH SCHEDULE

Day	Date	Opponent	Time
Sat.	Aug. 26	at #7 Penn State	W, 3-1
Sun.	Aug. 27	vs. Ohio (at Penn State)	W, 6-1
Sun.	Sept. 3	at #19 Virginia	W, 3-2
Mon.	Sept. 4	at #1 Maryland	L, 0-1
Sat.	Sept. 9	#19 RICHMOND	W, 3-0
Sun.	Sept. 10	#20 MICHIGAN	W, 2-0
Sat.	Sept. 16	at #4 North Carolina	W, 3-1
Sun.	Sept. 17	at #5 Duke	W, 4-3 (2OT)
Sat.	Sept. 12	at Princeton	W, 5-0
Sun.	Sept. 24	at Drexel *	W, 5-0
Fri.	Sept. 29	at #17 James Madison *	W, 1-0
Sun.	Oct. 1	TOWSON *	W, 7-0
Fri.	Oct. 6	at Va. Commonwealth *	W, 10-0
Sun.	Oct. 8	at Delaware *	W, 2-0
Sat.	Oct. 14	#1 MARYLAND	L, 0-1
Sun.	Oct. 15	#4 DUKE	W, 1-0
Sat.	Oct. 21	NORTHEASTERN *	1:00 PM
Sun.	Oct. 22	HOFSTRA *	1:00 PM
Sat.	Oct. 28	NORTH CAROLINA	1:00 PM
Sun.	Oct. 29	WILLIAM & MARY *	1:00 PM

CAA Tournament

Wed.	Nov. 1	CAA Tournament Quarters	at highest seed
Sat.	Nov. 4	CAA Tournament Semis	at Nat'l Training Ctr.
Sun.	Nov. 5	CAA Tournament Finals	at Nat'l Training Ctr.

Sat.- Sun. Nov 11-12 NCAA 1st/2nd Rnds.

Thu. - Sun. Nov 16-19 NCAA Final Four - Wake Forest

*CAA Conference Game

(Note: All rankings are at time of play)

LADY MONARCH STAT LEADERS (as of October 20th)

Name:	Goals:	Assists:	Points:
Dana Sensenig	14	9	37
Denise Admiraal	8	2	18
Nico van Nispen	6	4	16
Darcy Pinchbeck	7	2	16
Caroline Nichols	5	2	12
Jo Ann van Aswegen	3	2	8
Sami McLenegan	3	1	7

Name:	Saves:	Sv%:	GAA:
Kelly Driscoll	44	.815	0.61

CAA STANDINGS (as of October 20th)

Team:	CAA			Overall		
	W	L	Pct.	W	L	Pct.
#3 Old Dominion	5	0	1.00	14	2	.875
#20 Hofstra	3	1	.750	10	4	.714
#16 James Madison	3	1	.750	10	6	.625
Delaware	3	2	.600	6	8	.429
William & Mary	2	2	.500	8	6	.571
Northeastern	2	2	.500	7	9	.438
Towson	1	3	.250	8	7	.533
VCU	1	4	.200	3	11	.214
Drexel	0	5	.000	6	9	.400

ATHLETIC MEDIA RELATIONS

Kimberly Zivkovich - Field Hockey SID

Office: 757-683-5520

Fax: 757-683-3119

Cell: 757-617-7757

E-mail: kzivkovi@odu.edu

WEEK NINE:

No. 3 Old Dominion (14-2, 3-0 CAA) at
Sat. Oct. 21 - vs. Northeastern (7-9, 2-2 CAA)
Sun. Oct. 22 - vs. Hofstra (10-4, 3-1 CAA)

ABOUT THE LADY MONARCH FIELD HOCKEY TEAM:



● **CONFERENCE TIME:** Last week the Lady Monarchs took a break from conference play by taking on #1 Maryland and #4 Duke, but are back to Colonial Athletic Association play this weekend hosting 2005 CAA runner-up Northeastern and Hofstra. Hofstra has been in and out of the polls throughout the season and reappeared in the STX/NFCA Top 20 this week.

● **TAKING THE CONFERENCE BY STORM:** Through the five games of CAA play, the Lady Monarchs have yet to let an opponent score. CAA opposition has been outscored 25-0, out-shot 129-12 and outscored 96-11.

● **REGULAR SEASON'S CLOCK IS TICKING:** Not much time is left in the 2006 regular season...in fact including this weekend, only two weeks remain. Three of the Lady Monarchs'

final four games of the regular season are in conference action. This weekend they host Northeastern and Hofstra and next weekend welcome William & Mary to Foreman Field. Only one non-conference game remains. Old Dominion hosts North Carolina, the final game in a home-and-home series, next Saturday. That game will be the annual scholarship game with the five dollar admission to benefit the Intercollegiate Foundation for Field Hockey Scholarships.

● **LET'S HEAR IT FOR THE "D":** Redshirt goalkeeper Kelly Driscoll and the Old Dominion defense continue are making it awfully hard for the opposition to score. Old Dominion currently boasts the top-ranked defense in the nation only allowing 0.63 goals per game. Only two schools this season have managed to score more than once, Duke in the double overtime first meeting and Virginia. The Lady Monarchs have posted eight shutouts, including a streak of six straight before its loss to #1 Maryland. At home, Maryland has been the only opponent to score on Foreman Field. Driscoll meanwhile leads the nation in goals against average as only 10 opponent shots have gotten past the ODU goalkeeper in 16 games.

● **THIS IS HOW WE START:** Old Dominion started off the season with a 13-1 start, the best start by the program since 2000. That season the Lady Monarchs won the first two games of the season before falling to Maryland. The loss against the Terps would be the only that season as the Lady Monarchs rattled off 23 straight victories and brought home its last national championship. The 2006 campaign kicked off with a 3-0 start, its best start to a season since they started off the 2002 Final Four season 3-0 as well. Again it was Maryland who halted the winning streak this season and also back in 2002.

SERIES WITH THE OPPONENTS:

NORTHEASTERN:

2006 Record: 7-9 overall, 2-2 CAA

2005 Record: 16-6 overall; 6-2 CAA

All-Time Vs: 12-2-1 - ODU

First Meeting: 1984 - W, 6-1

Last Meeting: 2005 - W, 2-0 (CAA Championship)

Common Opponents: Penn State, Towson, Hofstra, Delaware, Drexel, William & Mary, Virginia Commonwealth, James Madison

HOFSTRA:

2006 Record: 10-4 overall, 3-1 CAA

Note: Will play at William & Mary Saturday

2005 Record: 8-11 overall; 2-6 CAA

All-Time Vs: 4-0 - ODU

First Meeting: 2002- W, 5-0

Last Meeting: 2005 - W, 1-0

Common Opponents: Princeton, James Madison, William & Mary, Drexel, Delaware, Va. Commonwealth, Northeastern

STX/NFHCA POLL:

<u>Institution (record)</u>	<u>Points</u>
1. <i>Maryland (15-1)</i>	679 (33)
2. Wake Forest (14-1)	640 (1)
3. <i>Old Dominion (14-2)</i>	618
4. <i>Duke (12-4)</i>	555
5. Ohio State (11-2)	511
6. Boston College (12-3)	492
7. <i>North Carolina (11-5)</i>	490
8. <i>Penn State (11-3)</i>	486
9. Connecticut (14-2)	392
10. <i>Virginia (10-4)</i>	369
11. Louisville (10-6)	316
12. California (11-3)	281
13. Indiana (13-3)	266
14. Providence (13-3)	222
15. Villanova (11-5)	161
16. <i>James Madison (10-6)</i>	150
17. <i>Richmond (11-4)</i>	126
18. <i>Michigan (9-7)</i>	124
19. American (10-4)	123
20. <i>Hofstra (10-4)</i>	34

Also Receiving Votes: *College of William & Mary (30)*, University of Iowa (25), Boston University (16), *Princeton University (9)*, University at Albany (8), Saint Joseph's University (4), Kent State University (3), University of Rhode Island (3), College of the Holy Cross (2), Lock Haven University (2), Brown University (1), *Ohio University (1)*, University of the Pacific (1).

Previous Rankings:

Preseason: #4
 Week 1: #3
 Week 2: #3
 Week 3: #3
 Week 4: #3
 Week 5: #3
 Week 6: #3

*** Italics/Bold Denotes 2006 Opponent*

WOMEN'S FIELD HOCKEY.COM POLL:

<u>Institution</u>
1. <i>Maryland</i>
2. <i>Old Dominion</i>
3. Wake Forest
4. <i>Duke</i>
5. Boston College
6. Ohio State
7. <i>Virginia</i>
8. <i>Penn State</i>
9. <i>UNC</i>
10. Connecticut
11. California
12. <i>Michigan</i>
13. Louisville
14. Indiana
15. Providence
16. <i>James Madison</i>
17. <i>Richmond</i>
18. <i>Hofstra</i>
19. <i>William & Mary</i>
20. Villanova

Previous Rankings:

Preseason: #5
 Week 1: #5
 Week 2: #3
 Week 3: #3
 Week 4: #3
 Week 5: #2
 Week 6: #2
 Week 7: #2

*** Italics/Bold Denotes 2006 Opponent*

ODU IN THE NATIONAL STATS:**Winning Percentage:**

3.875

Scoring Defense:

1.0.61

Scoring Offense:

10.3.44

Margin Of Victory:

3.2.75

Points Per Game:

13.Dana Sensenig2.31

Goals Per Game:

15.Dana Sensenig0.88

Assists Per Game:

33.Dana Sensenig0.56

Goals Against Average:

1.Kelly Driscoll0.61

Save Percentage:

3.Kelly Driscoll815

QUICK FACTS:**GENERAL:**

Name of School:Old Dominion University
 City, Zip:Norfolk, Va. 23529-0201
 Founded:1930
 Enrollment:21,000
 Nickname:Lady Monarchs
 School Colors:Slate Blue, Sky Blue, & Silver
 Home Field:Foreman Field (Astroturf)/20,000
 Conference:Colonial Athletic Association
 President:Dr. Roseann Runte (SUNY New Paltz '68)
 Athletic Director:Dr. Jim Jarrett (SIU-Carbondale '59)
 Athletic Dept. Phone:(757) 683-3375

COACHING STAFF:

Head Coach:Beth Anders (Ursinus '73)
 Career Record:461-78-7/22 seasons
 Record at ODU:461-78-7/22 seasons
 Assistant Coaches:Susan Myers (Slippery Rock '73)
Gwen Alexander (West Chester '73)
Robin Smith (Old Dominion '92)

TEAM INFORMATION:

2005 Record:19-6
 2005 Conference Record:8-0/1st
 2005 Post Season:NCAA Semifinals
 Final Ranking:#3 NFHCA
 Letterwinners Returning/Lost:16/5
 Starters Retuning/Lost:9/2

Top Returning Players:

<u>Name:</u>	<u>Pos:</u>	<u>Cl:</u>	<u>G:</u>	<u>A:</u>	<u>Pts:</u>
#14 Dana Sensenig	MF	Sr.	19	15	53
#13 Denise Admiraal	MF	So.	18	5	41
#9 Darcy Pinchbeck	F	Sr.	9	4	22
#20 Caroline Nichols	B	Sr.	1	19	21
#23 Katelyn Smither	F	So.	8	0	16

Key Losses:

<u>Name:</u>	<u>Pos:</u>	<u>G:</u>	<u>A:</u>	<u>Pts:</u>
#19 Janelle Engle	B	20	10	50
#16 Jennifer Angat	MF	3	3	9

ODU IN THE CAA STATS:**Winning Percentage:**

1.917

Scoring Defense:

1.0.61

Scoring Offense:

1.3.37

Margin Of Victory:

1.2.75

Points (Total):

1.Dana Sensenig37
 9T.Denise Admiraal18

Points Per Game:

1.Dana Sensenig2.31

Goals (Total):

1T.Dana Sensenig14
 4T.Denise Admiraal8

Goals Per Game:

2.Dana Sensenig0.88
 6T.Denise Admiraal0.50

Assists (Total):

2.Dana Sensenig9

Assists Per Game:

3.Dana Sensenig0.56

Saves:

9.Kelly Driscoll44

Saves Per Game:

8.Kelly Driscoll2.75

Shutouts:

1.Kelly Driscoll8

Goals Against Average:

1.Kelly Driscoll0.61

Save Percentage:

1.Kelly Driscoll815

RECORD BOOK:**GOALS:**

1t. Maaik Hilbrand	167
1t. Marina DiGiacomo	167
3t. Christy Morgan	86
4. Kim Miller	82
5. Angie Loy	77
6. Laura Knorr	76
7. Tiffany Snow	71
8. Jill Fisher	70
9. Robin Smith	66
10. Kelli James	65
<i>Dana Sensenig (2003 - present)</i>	<i>53</i>

ASSISTS:

1. Jill Reeve	138
2. Winnifred Sanders	134
3t. Pam Neiss	80
3t. Marina DiGiacomo	80
5. Carolyn Sarr	66
6. Kelli James	66
7. Cheryl Van Kuren	61
8. Adrienne Yoder	61
9. Angie Loy	56
10t. Mimi Smith	50
10t. Maaik Hilbrand	50
<i>Dana Sensenig (2003 - present)</i>	<i>46</i>
<i>Caroline Nichols (2003 - present)</i>	<i>34</i>

POINTS:

1. Marina DiGiacomo	414
2. Maaik Hilbrand	372
3. Christy Morgan	219
4. Angie Loy	210
5. Kim Miller	200
6. Kelli James	196
7. Tiffany Snow	181
8. Laura Knorr	171
9. Jill Reeve	170
10. Jill Fisher	165
<i>Dana Sensenig (2003 - present)</i>	<i>152</i>
<i>Caroline Nichols (2003 - present)</i>	<i>68</i>

Individual Game Highs:

Shots:6, Dana Sensenig - at #5 Duke (9/17)
.....6, Denise Admiraal - vs. Towson (10/1)
.....6, Dana Sensenig - at VCU (10/6)
.....7, Nico van Nispen - at VCU (10/6)
Goals:3, Denise Admiraal - vs. Towson (10/1)
.....3, Darcy Pinchbeck - at VCU (10/6)
Assists:3, Dana Sensenig - at VCU (10/6)
Points:7, Dana Sensenig - at VCU (10/6)
Saves:8, Kelly Driscoll - vs. #1 Maryland (10/14)

Team Game Highs:

Shots:35 - at Drexel (9/24)
Goals:10 - vs. VCU (10/6)
Assists:7 - vs. VCU (10/6)
Points:27 - vs. VCU (10/6)
Saves:8 - vs. #1 Maryland (10/14)

CAA PLAYER OF THE WEEK:

Week #1 (8/21-8/27): .Stephanie Swain (Delaware)
Week #2 (8/28 - 9/3): .Kajee Murangi (Towson)
Week #3 (9/4 - 9/10):Caroline Nichols (ODU)
Week #4 (9/11 - 9/17):Caroline Nichols (ODU)
Week #5 (9/18 - 9/24): .Christina Armer (TOW)
Week #6 (9/25 - 10/1): ...Nico van Nispen (ODU)
.....Charlia Warner (HOF)
Week #7 (10/2 - 10/8):Meghan Bain (JMU)
Week #8 (10/9 - 10/15):Kim McEwen (TOW)
Week #9 (10/16 - 10/22):
Week #10 (10/23 - 10/29):

CAA ROOKIE OF THE WEEK:

Week #1 (8/21-8/27):Katie Ueberroth (ODU)
Week #2 (8/28 - 9/3):Jordan Freese (Drexel)
Week #3 (9/4 - 9/10):Meghan Bain (JMU)
Week #4 (9/11 - 9/17): .Christina Boorman (TOW)
Week #5 (9/18 - 9/24): .Christina Boorman (TOW)
Week #6 (9/25 - 10/1):Suzanne Hazelzet (NU)
Week #7 (10/2 - 10/8):Meghan Bain (JMU)
Week #8 (10/9 - 10/15):Reyan Farnum (HOF)
Week #9 (10/16 - 10/22):
Week #10 (10/23 - 10/29):

OLD DOMINION IS:

	<u>Overall</u>	<u>CAA</u>
vs. Ranked Opponents	8-2	1-0
At Home	4-1	1-0
Away	9-1	4-0
Neutral Site	1-0	0-0
Leading at the half	10-0	3-0
Trailing at the half	1-0	0-0
Tied at the half	3-2	2-0
Overtime	0-0	0-0
Scoring first	12-0	5-0
In day games	12-2	3-0
In night games	2-0	2-0
In August	2-0	0-0
In September	8-1	2-0
In October	4-1	3-0
In November	0-0	0-0
On Monday	0-1	0-0
On Tuesday	0-0	0-0
On Wednesday	0-0	0-0
On Thursday	0-0	0-0
On Friday	2-0	2-0
On Saturday	4-1	0-0
On Sunday	8-0	3-0

● **WE'RE STAYING HOME:** Old Dominion has already finish its regular season road games accumulating a 9-1 record during its time away from the friendly confines of Foreman Field. Next time the Lady Monarchs are away from the turf of Foreman Field will be the 2006 CAA Tournament at the National Training Center in Virginia Beach.

● **HATS OFF:** Sophomore Denise Admiraal became the first Lady Monarch to collect a hat trick this season as the midfielder captured three goals as one of four goal scorers in a 7-0 win against Towson. The hat trick was Admiraal's second of her career with the first against Delaware in last season's 6-2 win. The following weekend senior Darcy Pinchbeck became the second Lady Monarch to net three goals in a game as she was one of six goal scorers in a 10-0 route of Virginia Commonwealth.

● **LAST TIME VS. NORTHEASTERN:** The Old Dominion field hockey team has advanced to its 25th NCAA Tournament appearance as they captured its 13th Colonial Athletic Association (CAA) title with a 3-0 shutout over Northeastern on Sunday on November 6th. The first score came at the 13:20 mark, when Darcy Pinchbeck fired a shot that Husky goalkeeper Colleen Duffy was able to stop, but Anna Rogers was waiting in front of the net to put home the rebound for her fifth goal of the season. The second goal came a little over 10 minutes later when Pinchbeck sent a pass from the right corner up to Sami McLeneagan, who was positioned on the right wing. Duffy came charging out to cut down the angle on the shot, but McLeneagan was able to get it by the oncoming keeper and into the cage for the 2-0 lead. The third and final score was started once again by Pinchbeck, who centered a pass from the left side of the circle. Freshman Katelyn Smither came charging in to meet it and took a diving shot that found the back of the net to give the Lady Monarchs the 3-0 lead. Old Dominion goalkeeper Mary Cate Gordon made six saves to post the shutout. Duffy made eight saves for the Huskies, who were outshot 18-7 and outcornered 6-2.

● **LAST TIME VS. HOFSTRA:** The seventh-ranked Old Dominion field hockey team clinched the Colonial Athletic Association (CAA) regular season title and rights to host the 2005 CAA Field Hockey Tournament as it handed Hofstra a 1-0 loss on October 23rd at Stuart Stadium. Janelle Engle collected the game's lone goal. Engle's team-leading 15th tally of the season came in the 10th minute of play on a penalty corner with the insert from Dana Sensenig and stick-stop by fellow classmate Caroline Nichols. The Lady Monarchs outshot the Pride, 9-2, with both Hofstra shots coming in the first half of play. Both teams were almost evenly matched in the penalty corner department with Old Dominion holding the slight edge, 7-6. In goal, Hofstra's Jessica Cowperthwait made four stops, while ODU's Mary Cate Gordon registered one.

● **NICO VAN NISPEN NAMED CAA PLAYER OF THE WEEK:** Sophomore midfielder Nico van Nispen was named the CAA Player of the Week after collecting seven points off three goals and an assists in the Lady Monarchs' 2-0 week during the week ending October 2nd. Van Nispen registered both game-winners against #17 James Madison and Towson as Old Dominion posted its eighth straight victory and fourth straight shutout. On Friday night, the sophomore midfielder tallied the lone goal in the James Madison victory and van Nispen was one of four different Lady Monarch goal scorers and one of two multiple goal scorers versus Towson.

● **NICHOLS NAMED PLAYER OF THE WEEK:** Senior defender Caroline Nichols became the second Lady Monarch to earn a CAA weekly honor as she was named the conference's Player of the Week for the week ending September 10th. The senior defender anchored the Old Dominion backfield which boasted two shutouts last week, as the Lady Monarchs picked up two wins against ranked opponents. Nichols' defensive effort helped ODU to its first shutout in a 3-0 victory over #19 Richmond as the Spiders were held to four total shots including just one in the first half. She followed by helping the Lady Monarchs to back-to-back shutouts with a 2-0 victory over #20 Michigan. Along with helping to keep the Wolverines without a shot in the first half, Nichols captured the game-winner as she drilled home a shot on a Lady Monarch penalty corner attempt.

● **NICHOLS CLAIMS ANOTHER AWARD:** Not only was senior defender Caroline Nichols named the CAA Player of the Week for her efforts last week, she was also named to the Women's Field Hockey.com honor roll.

● **NICHOLS NAMED PLAYER OF THE WEEK - AGAIN:** For the second straight week senior defender Caroline Nichols has been named the Colonial Athletic Association Player of the Week. Nichols helped ODU extend its winning streak to four games as the Lady Monarchs defeated #4 North Carolina and #5 Duke. Defensively, Nichols helped hold the Tar Heels to only one goal as they gave North Carolina its first loss of the season. North Carolina had been averaging 4.00 goals per game, fifth nationally, entering the weekend. On Sunday against Duke, Nichols captured the game-winner with 5:55 remaining in the second overtime to lift ODU to the win over the 2005 national runner-ups. After falling behind 3-1 at the half, Nichols and the defense did not allow the Blue Devils to find the back of the ODU net the rest of the afternoon.

● **NICHOLS CLAIMS ANOTHER AWARD - AGAIN:** Not only was senior defender Caroline Nichols named the CAA Player of the Week for her second straight week, she was also named to the Women's Field Hockey.com honor roll for a second consecutive week as well.

DID YOU KNOW.....????????????????????

● Old Dominion is the only school to have appeared in every NCAA Tournament since its inception in 1981 for a total of 25 appearances.

● The Lady Monarchs have won an NCAA record nine national championships...1982, 1983, 1984, 1988, 1990, 1991, 1992, 1998, 2000

● Of the their 25 NCAA Tournament appearances the Lady Monarchs have made, Old Dominion has reached the Final Four 16 times most recently in 2005.

● **FACES IN THE CROWD:** Freshman Katie Ueberroth was featured in Sports Illustrated's September 18th issue in the weekly magazine's "Faces In the Crowd" feature. Ueberroth earned the honor after being named the CAA's Rookie of the Week the first week of the season. The freshman midfielder came off the Lady Monarch bench helping ODU to a 3-1 victory over #7 Penn State and a 6-1 win over Ohio with two goals and an assist. She tallied ODU's third and final goal against the Nittany Lions and then followed by assisting Sami McLenegan's game-winner in Sunday's win over Ohio and scoring the Lady Monarchs' sixth and final goal of the game.

● **KATIE UEBERROTH NAMED CAA ROOKIE OF THE WEEK:** Freshman Katie Ueberroth earned the Lady Monarchs first CAA weekly award as she was named the Rookie of the Week for the first week of the season. The freshman midfielder came off the Lady Monarch bench helping ODU to a 3-1 victory over #7 Penn State and a 6-1 win over Ohio with two goals and an assist. She tallied ODU's third and final goal against the Nittany Lions and then followed by assisting Sami McLenegan's game-winner in Sunday's win over Ohio and scoring the Lady Monarchs' sixth and final goal of the game.

● **FACES ON THE BENCH:** Look over to the opponent bench and you just might see a familiar face. The first four weeks of the season saw an Old Dominion tie on its opponent coaching staff. Penn State, who ODU opened the season against, is coached by Char Morrett, a former ODU assistant, Maryland assistant Marybeth Freeman ('03) was NCAA Tournament Team goalkeeper, Lynn Farquhar ('04) returned to Foreman Field as an assistant coach with the University of Richmond, and Tara Hermann ('03) serves as a volunteer assistant with the Duke program, while Blue Devil head coach Beth Bozman spent a season as a graduate assistant with the ODU program. Old Dominion saw another familiar face at Delaware. Fightin' Blue Hen assistant coach Dawn Hill ('86) helped ODU to three NCAA titles in 1982, 1983, and 1984 and also served as an assistant coach with the Lady Monarchs.

● **RANK 'EM UP:** So far to date the Lady Monarchs are 9-1 against ranked competition. ODU is 4-2 against Top Ten opponents with a win against #4 North Carolina, #4/5 Duke, and #7 Penn State, and two losses to #1 Maryland.

● **THE WINNINGEST DIVISION I COACH:** At the helm of the Old Dominion women's field hockey program is the winningest Division I coach in history, Beth Anders. To date, Anders boasts a 475-81-7 overall mark and is only one of six coaches overall and active Division I coaches to reach the 400-win milestone. She entered the 2006 season as the all-time winningest Division I coach and third all-time winningest coach in NCAA history.

● **FORMER LADY MONARCHS IN THE NEWS - NCAA WOMAN OF THE YEAR:** Former Lady Monarch field hockey defender and 2006 Outstanding Female Athlete of the Year Janelle Engle (Mt. Joy, Pa.) is one of nine finalists for the 2006 Woman of the Year. The NCAA will announce the 2006 NCAA Woman of the Year on October 28 at a dinner in Indianapolis. Since 1991, the award has been presented annually to a senior student-athlete who has distinguished herself throughout her collegiate career in the areas of academic achievement, athletics excellence, service and leadership. Schools submitted nominations through their conferences and each league was allowed to select up to two nominees. From the conference nominees, the Woman of the Year selection committee will announce the top 10 selections in Divisions I, II and III, respectively. From each group of 10, a top three will be chosen. The 2006 Woman of the Year will be selected by the NCAA Committee on Women's Athletics from the pool of nine divisional honorees. Engle was named the 2006 CAA Player of the Year and earned first team All-American honors by the National Field Hockey Coaches Association (NFHCA). She led ODU and the CAA in scoring with 20 goals. She was selected by the ODU Alumni Association as the Female Athlete of the Year and the Norfolk Sports Club presented her with the Tom Scott award as the university's top senior athlete. In the classroom, Engle was a four-time NFHCA All-Academic selection, a USA TODAY All-USA College Academic Team nominee, and was the CAA's Scholar Athlete of the Year. Engle was a co-winner of the prestigious Jack Wilkins/James Howard Female Scholar Athletes of the Year at ODU as she attained a perfect 4.0. A music major, Engle was first violinist in the Deihn String Quartet and concertmaster of the ODU Symphony.

● **FORMER LADY MONARCHS IN THE NEWS - WORLD CUP:** Three former Lady Monarchs, Honda Award winner Tiffany Snow, All-American Angie Loy, and defensive specialist Melissa Leonetti, helped Team USA to a sixth place finish at the 2006 World Cup in Madrid Spain. The USA fell to Argentina, 2-1 and Australia, 3-1, but drew 0-0 with Korea and picked up a 3-1 win over South Africa and 1-0 win over Korea to advance to the 5th-8th playoff game. Loy was one of three goal scorers in the win against South Africa. Snow scored the lone goal in the 1-0 upset over Germany in the playoff game and then took home sixth place with a 1-0 loss to Japan. The three Lady Monarchs helped the US Field Hockey team to its second highest showing at a World Cup since a third place finish in 1994 and only the third top six finish for a USA team since the team's first World Cup appearance in 1983.

● **COMING UP:** Old Dominion has one more week left in the regular season. The Lady Monarchs host North Carolina next Saturday in the annual scholarship game. The \$5.00 admission will go to benefit the Intercollegiate Foundation for Field Hockey Scholarship. Old Dominion then wraps up the regular season with a CAA match against William & Mary. Prior to the game with the Tribe, Old Dominion will honor its seniors playing in their final regular season home game.

GAME-BY-GAME RESULTS:

GAME ONE:

No. 4 Old Dominion at No. 7 Penn State State College, Pa. - August 26, 2006

STATE COLLEGE, Pa. -- The fourth ranked Old Dominion field hockey squad opened the 2006 season with a 3-1 victory over seventh ranked Penn State. The Lady Monarchs never trailed in the contest striking first with 10 minutes into the game and senior **Dana Sensenig (Denver, Pa.)** putting away the game-winner just before halftime.

Senior **Caroline Nichols (Va. Beach, Va.)** captured ODU's first goal of the season off the Lady Monarchs' first penalty corner attempt of the game. Nichols shot on goal where the ball deflected off Penn State netminder Jen Beaumont and into the net for the 1-0 lead. Sophomore Katelyn Smither (Suffolk, Va.) and Sensenig recorded the assist.

Sensenig would register what would become the eventual game-winner with less than a minute left in the first half. Junior **Shannon Mobley (Va. Beach, Va.)** fed Sensenig a pass near the left side of the cage for the 2-0 advantage.

Penn State thwarted the shutout in the early minutes of the second half. Natalie Blasco managed to intercept the ball from the Lady Monarchs to feed Annelise Legel for the score.

The Lady Monarchs did manage one more score before the end of the game with freshman **Katie Ueberroth (Stevens, Pa.)** found her way to the back of the Nittany Lion net in a scramble in front of the cage.

The teams were even in shots in the first half 4-4 but ODU outshot Penn State 7-3 in the second half and ended the game with an 11-7 advantage. The Nittany Lions were only able to take two shots that were not the result of penalty corners.

In net, **Kelly Driscoll (West Chester, Pa.)** picked up the win in her collegiate debut. Driscoll posted two saves, while her counterpart Beaumont stopped five Lady Monarch shots in the loss.

SCORING SUMMARY:

Goals by period:	1	2	Tot
Old Dominion (1-0)	2	1	3
Penn State (0-1)	0	1	1

Time	Team	Goal Scorer	Assists
10:15	ODU	Nichols, Caroline (1)	Smither, Katelyn, Sensenig, Dana
33:56	ODU	Sensenig, Dana (1)	Mobley, Shannon
37:24	PSU	Legel, Annelise (1)	Blasco, Natalie
53:35	ODU	Ueberroth, Katie (1)	Unassisted

Shots:	Saves:	Corners:
ODU - 11	ODU - 2	ODU - 5
PSU - 7	PSU - 5	PSU - 5

GAME TWO:

No. 4 Old Dominion vs. (RV) Ohio University State College, Pa. - August 27, 2006

STATE COLLEGE, Va. -- The fourth ranked Old Dominion field hockey team improved to 2-0 on the young season as junior Sami McLenegan (Middletown, Pa.) posted her first career game-winner in the 6-1 victory over Ohio University in a neutral site game on the campus of Penn State.

McLanegan was one of two Lady Monarch multiple scorers joining senior **Dana Sensenig (Denver, Pa.)** with two tallies.

McLanegan gave Old Dominion a 2-0 lead in the first half. Her first goal came at the 10:17 mark as she tipped in a shot that came from the stick of teammate **Shannon Mobley (Va. Beach, Va.)**. Her second goal, the game-winner, came at the 27:22 mark as freshman **Katie Ueberroth (Stevens, Pa.)** drew out the Ohio keeper and passed the ball to McLanegan for a shot on an unprotected net.

The second half saw the Lady Monarch scoring barrage continue. Sensenig captured the second half's first goal by converting a penalty stroke at the 43:50 mark and then moments later recorded her second goal of the afternoon for a 4-0 ODU lead.

Sensenig would go on to record an assist on the next ODU goal. Senior **Anna Rogers (New Bloomfield, Pa.)** netted her first goal of the 2006 campaign as she took Sensenig's pass from the left side of the endline.

Ueberroth rounded out the ODU scoring for the afternoon redirecting a shot taken by sophomore **Katelyn Smither (Suffolk, Va.)** from outside the circle.

The Bobcats avoided the shutout when they were finally able to convert on a breakaway opportunity at the 64:10 mark. Patty Donohue capitalized on ODU netminder **Kelly Driscoll (West Chester, Pa.)** coming out of the cage to stop an on coming Ohio attacker who passed the ball to give Donohue the scoring opportunity.

Old Dominion outshot Ohio 22-4 limiting the Bobcats to two shots in each half. Additionally, the Lady Monarchs held an 8-1 advantage in penalty corners.

Driscoll stopped one of only two shots on goal made by the Bobcats, while Ohio's Jessie Martin made eight saves in the loss.

SCORING SUMMARY

Goals by period:	1	2	Tot
Ohio (0-1)	0	1	1
Old Dominion (2-0)	2	4	6

Time	Team	Goal Scorer	Assists
10:17	ODU	McLanegan, Sami (1)	Mobley, Shannon
27:22	ODU	McLanegan, Sami (2)	Ueberroth, Katie
43:50	ODU	Sensenig, Dana (2)	Penalty stroke
45:55	ODU	Sensenig, Dana (3)	(unassisted)
48:07	ODU	Rogers, Anna (1)	Sensenig, Dana
50:29	ODU	Ueberroth, Katie (2)	Smither, Katelyn
64:10	OHIO	Donahue, Patty (1)	Albini, Torrie

Shots:	Saves:	Corners:
Ohio - 4	Ohio - 6	Ohio - 1
ODU - 22	ODU - 1	ODU - 8

GAME THREE:

No. 4 Old Dominion at No. 19 Virginia Charlottesville, Va. - September 3, 2006

CHARLOTTESVILLE, Va. -- The No. 4 Old Dominion field hockey team took a 3-0 halftime lead and thwarted a second half comeback by No. 19 Virginia to hold on for a 3-2 victory.

The win keeps the Lady Monarchs undefeated at 3-0 as they defeat their second ranked team of the season. Meanwhile the Cavaliers suffer ed their first loss of the season to fall to 2-1 overall.

Leading scorer **Dana Sensenig (Denver, Pa.)** got the game started for Old Dominion as she converted her second penalty stroke of the 2006 season in the ninth minute of play. Junior **Sami McLanegan (Middletown, Pa.)** off an assist from junior **Jo Ann van Aswegen (Bloemfontein, South Africa)** put Old Dominion up 2-0 in the 14th minute of action.

Sophomore **Denise Admiraal (Heiloo, Holland)** scored what would be the game-winner to give the Lady Monarchs the 3-0 lead heading into the half. Senior Caroline Nichols (Va. Beach, Va.) struck the ball toward the Cavalier net on a penalty corner attempt. Virginia's Katherine Blair stopped the ODU shot attempt, but Admiraal got a hold of the rebound and lifted into the cage for the Lady Monarchs' third goal in the 22nd minute.

The second half saw Virginia step up defensively as the Cavaliers held the Lady Monarchs without a shot for the final 28 minutes of the game. Virginia netted back-to-back tallies on penalty corner attempts with just over seven minutes remaining.

The Cavaliers' first goal came from a direct shot by Inge Kaars Sijpesteijn, set up by Biffy Cornelison and Abby Taylor with the assists just under the 63 minute mark. Less than 90 seconds later, Virginia capitalized on another penalty corner attempt this time with Traci Ragukas getting the ball into the ODU net in the 65th minute.

Old Dominion managed to hold on to a slight advantage in shot 12-11. The Lady Monarchs outshot the Cavaliers 10-4 in the first half. Virginia outcornered Old Dominion in the game, 5-2, with both Lady Monarch corners coming in the first half.

In net, redshirt freshman **Kelly Driscoll (West Chester, Pa.)** recorded five stops, while Blair registered three in the loss.

SCORING SUMMARY:

Goals by period:	1	2	Tot
Old Dominion (3-0)	3	0	3
Virginia (2-1)	0	2	2

Time	Team	Goal Scorer	Assists
9:20	ODU	Sensenig, Dana (4)	Penalty Stroke
13:57	ODU	McLanegan, Sami (3)	van Aswegen, Jo Ann
22:10	ODU	Admiraal, Denise (1)	--
62:56	UVA	Sijpesteijn, Inge	Cornelison, Biffy; Taylor, Abby
64:24	UVA	Ragukas, Traci	--

Shots:	Saves:	Corners:
ODU - 12	ODU - 5	ODU - 2
UVA - 11	UVA - 3	UVA - 5

GAME FOUR:

No. 4 Old Dominion at No. 1 Maryland College Park, Md. - September 4, 2006

COLLEGE PARK, Md. -- In what has become one of the most premiere matches in collegiate field hockey, the top ranked Maryland Terrapins edged out the fourth ranked Old Dominion Lady Monarchs, 1-0. The defending national champions scored with 8:04 left in the game to claim victory.

The loss is the first for the Lady Monarchs in 2006 as they fall to 3-1 overall. The Terps meanwhile improve their record to 4-0. The rematch in the home-and-home series will occur on October 14th at Foreman Field.

In four of the last five games, the winner of the Maryland-Old Dominion match has been decided by one goal or less, including last year's NCAA semifinal match.

Maryland's Paula Infante used a long pass to draw out Lady Monarch netminder **Kelly Driscoll (West Chester, Pa.)** out of net. With Driscoll out near the circle, Infante's pass reached the Terps' Nicole Muracco who fed Kim Ziegler the ball for a shot on open net.

The Terps outshot the Lady Monarchs 11-8. The first half saw Maryland control the offense outshooting ODU 8-2, however in the second half, the Lady Monarchs held the advantage 4-3. Junior **Shannon Mobley (Va. Beach, Va.)** led the Lady Monarchs in the shot department with two, both of them coming on net.

Maryland outcornered Old Dominion 5-1 with all five Terp penalty corner attempts coming in half number one, while the Lady Monarchs' lone corner opportunity came in half number two.

Driscoll posted a career-high five saves in net. Kathryn Masson stopped three Lady Monarch shots on net.

SCORING SUMMARY:

Goals by period:	1	2	Tot
Old Dominion (3-1)	0	0	0
Maryland (4-0)	0	1	1

Time	Team	Goal Scorer	Assists
61:56	MD	Kim Ziegler (2)	Nicole Muracco

Shots:	Saves:	Corners:
ODU - 6	ODU - 6	ODU - 1
MD - 11	MD - 3	MD - 5

GAME FIVE:

No. 3 Old Dominion vs. #19 Richmond Norfolk, Va. - September 9, 2006

NORFOLK, Va. -- The No. 3 Old Dominion field hockey picked up its first shutout of the season in its 3-0 home opening victory over No. 19 Richmond at Foreman Field.

Senior **Darcy Pinchbeck (Suffolk, Va.)** and sophomore Jo Ann van Aswegen (Bloemfontein, South Africa) both scored their first goals of the season in the win. Pinchbeck collected the game-winner while van Aswegen scored twice, including her first collegiate goal.

Old Dominion got onto the scoreboard in the game's 14th as Pinchbeck would register what would be the game-winner. Sophomore **Nico van Nispen (Bilthoven, Holland)** helped draw out Richmond keeper Becca Weaver a few steps directly in front of net. Van Nispen then dishd the ball over to Pinchbeck along the right side of the net for an open shot at the back of the board.

Van Aswegen put the Lady Monarchs up 2-0 late in the first half in her first collegiate tally. With several ODU attackers in the circle, junior **Sami McLanegan (Middletown, Pa.)** managed to find van Aswegen open near the right side of the cage for the clear shot.

Van Aswegen went on to score the lone goal of the second half and final of the afternoon just over two minutes into the stanza. A swarm of Lady Monarch attackers were in the circle, but found their shot attempts blocked by Richmond defenders. After a host of attempts, the ball rolled over to van Aswegen who fired away for her second goal of the game.

Old Dominion outshot Richmond 12-4, but the Spiders did outcorner the Lady Monarchs, 5-4.

Redshirt freshman netminder **Kelly Driscoll (West Chester, Pa.)** earned her first career shutout making two saves in the win. Sophomore defender Daphne Admiraal (Heiloo, Holland) helped preserve the shutout with a defensive save. Richmond's Weaver made all seven saves for the Spiders, while Jacki Railthel was 20:46 of action.

SCORING SUMMARY:

Goals by period:	1	2	Tot
Richmond (2-2)	0	0	0
Old Dominion (4-1)	2	1	3

Time	Team	Goal Scorer	Assists
14:00	ODU	Pinchbeck, Darcy (1)	van Nispen, Nicolien
31:18	ODU	van Aswegen, Jo Ann (1)	McLeneagen, Sami
37:12	ODU	van Aswegen, Jo Ann (2)	--

Shots:	Saves:	Corners:
UR - 4	UR - 7	UR - 4
ODU - 12	ODU - 2	ODU - 3

GAME SIX:

No. 3 Old Dominion vs. No. 20 Michigan Norfolk, Va. - September 10, 2006

NORFOLK, Va. -- The third ranked Old Dominion field hockey team posted its second consecutive shutout as it blanked #20 Michigan, 2-0, on Foreman Field.

The victory improves the Lady Monarchs to 5-1 overall, while the Wolverines fall to 2-5 on the year.

The scored was tied at halftime as the Old Dominion defense kept Michigan without a shot in the first half. The Lady Monarchs attempted three shots at the Wolverine net, but none of them managed to find the back of the cage. Sophomore **Denise Admirall (Heiloo, Holland)** had two shots, the first fired over the top of the cage, and the second narrowly missing a tip-in. Freshman **Hanna Warren (Green Lake, Pa.)** also had a shot, firing hard from the top of the circle but into a stretched out Michigan goalkeeper, Beth Riley.

Michigan kept the ball in ODU territory early in the second half, but it would be the Lady Monarchs who would break the stalemate. On a penalty corner attempt, senior **Caroline Nichols (Va. Beach, Va.)** found the opening to put ODU up 1-0 and tally what would be the game-winner with just under 20 minutes remaining in the game. Four minutes later, Admiraal got a handle on the ball for a hard shot near the top of the circle.

Old Dominion finished the game outshooting Michigan, 11-6. Both teams registered five penalty corners.

Lady Monarch netminder **Kelly Driscoll (West Chester, Pa.)** collected her second shutout behind a defensive effort anchored by Nichols. Riley picked up four stops in the loss for the Wolverines.

SCORING SUMMARY:

Goals by period:	1	2	Tot
Michgian (2-5)	0	0	0
Old Dominion (5-1)	0	2	2

Time	Team	Goal Scorer	Assists
50:22	ODU	Nichols, Caroline (2)	Sensenig, Dana; Smither, Katelyn
54:06	ODU	Admiraal, Denise (2)	--

Shots:	Saves:	Corners:
UM - 6	UM - 4	UM - 5
ODU - 11	ODU - 3	ODU - 5

GAME SEVEN:

No. 3 Old Dominion at No. 4 North Carolina Chapel Hill, N.C. - September 16, 2006

CHAPEL HILL, N.C. - The third-ranked Old Dominion field hockey team won its third straight contest and picked up its second win over a top ten opponent as they handed the fourth ranked North Carolina Tar Heels a 3-1 loss at Francis E. Henry Stadium.

The loss was the first for the Tar Heels this season as they had opened up the season on a six-game win streak. The win meanwhile improved Old Dominion to 6-1 overall.

Old Dominion scored first, on an unassisted shot by freshman **Hanna Warren (Green Lake, Pa.)** with just over three minutes to play in the first half as the Lady Monarch ended the half up 1-0. The goal was Warren's first collegiate tally of her career.

The Tar Heels evened the score less than 10 minutes into second half. On a penalty corner, Hilary Hartman's initial shot was blocked into the air. Freshman Illse Davids batted it down and shot the ball past for her second goal of the season.

The Lady Monarchs went ahead for good with 12:11 remaining in the game when sophomore **Denise Admiraal (Heiloo, Holland)** grabbed the ball near the goal after a UNC save and got it past Tar Heel goalkeeper Brianna O'Donnell. The goal was Admiraal's second game-winner of the season and through Old Dominion's first seven games is the only Lady Monarch to have multiple game-winning goals to her name.

The Lady Monarchs' final score game two minutes later, when senior **Dana Sensenig (Denver, Pa.)** sent a penalty stroke into the left side of the cage. The goal was Sensenig's team-leading fifth of the year. Additionally Sensenig is now 3-of-3 on penalty strokes.

After a fairly even first half with seven shots for ODU and six for UNC, the Lady Monarchs outshot the Tar Heels 8-2 in the second half. Old Dominion finished with five corners to UNC's two. Redshirt freshman **Kelly Driscoll (West Chester, Pa.)** had three saves, while O'Donnell finished with six.

SCORING SUMMARY:

Goals by period:	1	2	Tot
Old Dominion (6-1)	1	2	3
North Carolina (6-1)	0	1	1

Time	Team	Goal Scorer	Assists
31:41	ODU	Warren, Hanna (1)	--
42:11	UNC	Illse Davids (2)	Penalty corner
57:49	ODU	Admiraal, Denise (3)	--
59:50	ODU	Sensenig, Dana (5)	Penalty stroke

Shots:	Saves:	Corners:
ODU - 15	ODU - 3	ODU - 5
UNC - 8	UNC - 6	UNC - 2

GAME EIGHT:

No. 3 Old Dominion at No. 5 Duke Durham, N.C. - September 17, 2006

DURHAM, N.C. -- The third-ranked Old Dominion field hockey team overcame a 3-1 halftime deficit and forced double overtime to earn a 4-3 victory over fifth-ranked Duke at Williams Field. Colonial Athletic Association Player of the Week senior **Caroline Nichols (Va. Beach, Va.)** sent home the game-winner with 5:55 remaining in the second overtime session.

The win is the fourth straight for the Lady Monarchs who improved to 7-1 overall. The victory also marked the third win this season over a top ten opponent with #7 Penn State and #4 North Carolina also falling to Old Dominion. The Dukes suffered their second loss to a top three team and fell to 6-2 overall.

Nine and a half minutes into the game, Duke's Marian Dickinson recorded her first of three goals goal off a rebounded shot. Less than two minutes later, the sophomore scored her second goal of the day on an assist from senior Hilary Linton, as the Blue Devils went up 2-0.

Old Dominion leading scorer **Dana Sensenig (Denver, Pa.)** got the Lady Monarchs on the board, scoring at the 16:34 mark to bring ODU within one, 2-1.

However, Dickinson struck again just before halftime, as she netted her third goal on an assist by Ashley Pultorak for the hattrick putting the Blue Devils up 3-1.

In the second half, the Lady Monarchs defense clamped down and did not allow Duke to score while registering two goals for force the game into overtime. Sensenig tallied her second goal of the afternoon less than six minutes into the half, while junior **Shannon Mobley (Va. Beach, Va.)** managed to tie the game at 3-3 with 16:50 left in regulation.

Neither team managed to find the back of the cage in the first 15 minute overtime forcing double overtime.

Nichols posted the game-winner, her second of the season, to add to the Lady Monarch win column.

SCORING SUMMARY:

Goals by period:	1	2	1OT	2OT	Tot
Old Dominion (7-1)	1	2	0	1	4
Duke (6-2)	3	0	0	0	3

Time	Team	Goal Scorer	Assists
9:37	DU	Marian Dickinson	--
10:18	DU	Marian Dickinson (10)	Hilary Linton
16:34	ODU	Sensenig, Dana (6)	Admiraal, Daphne
33:52	DU	Marian Dickinson (11)	Ashley Pultorak
41:26	ODU	Sensenig, Dana (7)	Admiraal, Denise
53:10	ODU	Mobley, Shannon (1)	--
94:05	ODU	Nichols, Caroline (3)	van Nispen, Nicolien

Shots:	Saves:	Corners:
ODU - 18	ODU - 3	ODU - 6
DU - 11	DU - 8	DU - 7

GAME NINE:

No. 3 Old Dominion at Princeton Princeton, N.J. - September 23, 2006

PRINCETON, N.J. -- The third-ranked Old Dominion field hockey team made it five-in-a-row as they shutout Princeton, 5-0. After taking a 1-0 halftime lead, Old Dominion exploded for four second half goals as five different Lady Monarchs scored in the victory.

The Lady Monarchs improve to 8-1 overall, while netminder **Kelly Driscoll (West Chester, Pa.)** and the ODU defense post their third shutout of the season. Meanwhile, Princeton falls to 3-3 overall.

CAA Player of the Week **Caroline Nichols (Va. Beach, Va.)** got the game started as she scored eight minutes into the contest for what would be the game-winner.

ODU leading scorer **Dana Sensenig (Denver, Pa.)** got the second half started as she converted her fourth penalty stroke of the season.

Five minutes later reserve Anna Rogers (New Bloomfield, Pa.), off an assist from classmate **Darcy Pinchbeck (Suffolk, Va.)**, gave the Lady Monarchs a 2-0 on her second goal of the season. Less than three minutes after that, sophomore Nico van Nispen (Bilthoven, Holland) collected a loose ball in the circle to record her first goal of the season. Pinchbeck rounded out the afternoon's scoring tallying the Lady Monarchs' final goal of the afternoon with just over 10 minutes remaining in the game. The goal was Pinchbeck's second of the year.

The Lady Monarchs outshot Princeton, 24-6, holding the Tigers to just four shots on goal and one shot in the second half. Old Dominion also held the advantage in penalty corners, 8-5.

Driscoll stopped all four Tigers shots on goal, while her counterpart Allison Nemeth made 11 saves in Princeton's loss.

SCORING SUMMARY:

Goals by period:	1	2	Tot
Old Dominion (8-1)	1	4	5
Princeton (3-3)	0	0	0

Time	Team	Goal Scorer	Assists
8:16	ODU	Nichols, Caroline (4)	--
41:08	ODU	Sensenig, Dana (8)	Penalty stroke
46:51	ODU	Rogers, Anna (2)	Pinchbeck, Darcy
49:25	ODU	van Nispen, Nicolien (1)	--
59:04	ODU	Pinchbeck, Darcy (2)	--

Shots:	Saves:	Corners:
ODU - 24	ODU - 4	ODU - 8
PU - 6	PU - 13	PU - 5

GAME TEN:

No. 3 Old Dominion at Princeton Princeton, N.J. - September 23, 2006

PHILADELPHIA, Pa. -- The third-ranked Old Dominion field hockey team opened up Colonial Athletic Association (CAA) play with a 5-0 victory over the Drexel Dragons. The Lady Monarchs shutout their opponent for the second consecutive game and outscored opponents the weekend 10-0.

The win ups the Lady Monarchs mark to 9-1 overall, while the Dragons, also playing in their CAA opener, fall to 6-3 overall after starting the season off 5-0.

Almost the previous game at Princeton, the Lady Monarchs held a 1-0 lead at the half and exploded for four goals in the second half. Senior midfielder **Dana Sensenig (Denver, Pa.)** led Old Dominion with two goals and an assist.

Unlike the game at Princeton, Old Dominion scored late in the half as Sensenig captured her first goal and eventual game-winner with only 41 seconds remaining in the first half.

Sophomore **Denise Admiraal (Heiloo, Holland)** started the second half scoring barrage just six minutes into the half. She was followed with goals by sophomore **Nico van Nispen (Bilthoven, Holland)** on a penalty corner, Sensenig's second tally off a pass from senior **Anna Rogers (New Bloomfield, Pa.)** and senior **Darcy Pinchbeck's (Suffolk, Va.)** second goal of the weekend.

Old Dominion outshot Drexel 35-6, with 20 of the Lady Monarchs' shots coming on the Drexel net. Old Dominion also outcornered Drexel, 14-4.

Redshirt **Kelly Driscoll (West Chester, Pa.)** needed to make only one save as the ODU defense helped the Lady Monarch netminder to her fourth shutout. Drexel's Colleen McAndrew posted a season-high 15 saves.

SCORING SUMMARY:

Goals by period:	1	2	Tot
Old Dominion (9-1, 1-0)	1	4	5
Drexel (6-3, 0-1)	0	0	0

Time	Team	Goal Scorer	Assists
34:19	ODU	Sensenig, Dana (9)	--
41:43	ODU	Admiraal, Denise (4)	--
52:17	ODU	van Nispen, Nicolien (2)	Nichols, Caroline; Sensenig, Dana
58:42	ODU	Sensenig, Dana (10)	Rogers, Anna
69:32	ODU	Pinchbeck, Darcy (3)	--

Shots:	Saves:	Corners:
ODU - 35	ODU - 1	ODU - 14
DU - 6	DU - 15	DU - 4

GAME ELEVEN:

No. 3 Old Dominion at No. 17 James Madison Harrisonburg, Va. - September 30, 2006

HARRISONBURG, Va. -- Sophomore **Nico van Nispen (Bilthoven, Holland)** captured third-ranked Old Dominion's lone goal it a 1-0 victory over #17 James Madison at the JMU Field Hockey complex.

The win gave the Lady Monarchs its seventh straight win as they improved to 10-1 overall and 2-0 in the Colonial Athletic Association (CAA). The shutout was also Old Dominion's third straight and fifth overall this season. James Madison fell to 6-5 in their CAA opener.

Van Nispen's goal came off a penalty corner with 7:13 left in the game. Senior **Dana Sensenig (Denver, Pa.)** and freshman **Titia Beek (Heiloo, Holland)** were credited with the assists.

Although Old Dominion scored only one goal, they controlled much of the offense as the Lady Monarchs outshot the Dukes, 14-2. Both James Madison shots came in the first half, with only Lauren Stefaniak's shot reaching net on penalty corner resulting in the lone save by Lady Monarch keeper **Kelly Driscoll (West Chester, Pa.)**. Old Dominion outcornered James Madison, 10-2.

SCORING SUMMARY:

Goals by period:

	1	2	Tot
Old Dominion (10-1, 2-0)	0	1	1
James Madison (6-5, 0-1)	0	0	0

Time	Team	Goal Scorer	Assists
62:29	ODU	van Nispen, Nicolien (3)	Sensenig, Dana; Beek, Titia

Shots:	Saves:	Corners:
ODU - 14	ODU - 1	ODU - 10
JMU - 2	JMU - 5	JMU - 2

GAME TWEELEVE:

No. 3 Old Dominion vs. Towson Norfolk, Va. - October 1, 2006

NORFOLK, Va. -- Sophomore forward **Denise Admiraal (Heiloo, Holland)** posted a hat trick to lead the third-ranked Lady Monarchs to a 7-0 win over Towson in Colonial Athletic Association (CAA) action on Foreman Field.

The win, Old Dominion's eighth straight, improves the Lady Monarchs to 11-1 overall and 3-0 in the CAA as they posted their fourth straight shutout and sixth overall. The Tigers meanwhile fall to 7-5 overall and 1-1 in league play.

Sophomore forward **Nicolien van Nispen (Bilthoven, Holland)** added two goals to the shutout. Seniors **Dana Sensenig (Denver, Pa.)** and **Caroline Nichols (Va. Beach, Va.)** both added one goal.

The Lady Monarchs scored three quick goals in the beginning of the first half to bring Old Dominion to an early lead. Van Nispen collected her second straight game-winner putting away her first goal of the afternoon 6:50 into the match. From there, the Lady Monarchs tacked on two more goals in the next six minutes. Admiraal captured the first of her three goals as her shot bounced off a Towson defender into the net at the 10 minutes mark, followed by van Nispen's second goal of the day less than two minutes later. The Lady Monarchs tacked on another goal with four minutes left in the half by leading scorer Sensenig with an assist from freshman **Kathleen Shea (Elizaville, N.Y.)**, her first of her career.

Old Dominion came out strong the second half tacking on three more goals to its lead with an early tally and two late penalty corner goals. Admiraal picked up goal number two a mere four minutes into the half and then earned her seventh goal of the season off a penalty corner. After receiving the stick stop, van Nispen faked and passed the ball over to Admiraal. Nichols registered ODU's final goal of the afternoon also on a penalty corner. Sophomore **Katelyn Smither (Suffolk, Va.)** and Sensenig were credited with the assist.

Towson midfielder Laura Schnell tallied the Tiger's single shot attempt of the afternoon's match. Senior goalkeeper Christina Armer had fourteen saves in the loss and Gabby Mink posted a defensive save. ODU netminder **Kelly Driscoll (West Chester, Pa.)** stopped the lone Tiger shot on net.

Old Dominion outshot the Tigers a total of 27-1 and did not allow Towson a single penalty corner opportunity, while the Lady Monarchs had 12.

SCORING SUMMARY:

Goals by period:

	1	2	Tot
Towson (7-5, 1-1)	0	0	0
Old Dominion (11-1, 3-0)	4	3	7

Time	Team	Goal Scorer	Assists
6:50	ODU	van Nispen, Nicolien (4)	Pinchbeck, Darcy
10:48	ODU	Admiraal, Denise (5)	--
12:18	ODU	van Nispen, Nicolien (5)	--
30:49	ODU	Sensenig, Dana (11)	Shea, Kathleen
49:24	ODU	Admiraal, Denise (6)	--
57:02	ODU	Admiraal, Denise (7)	van Nispen, Nicolien
63:36	ODU	Nichols, Caroline (5)	Sensenig, Dana; Smither, Katelyn

Shots:	Saves:	Corners:
TU - 1	TU - 14	TU - 0
ODU - 27	ODU - 1	ODU - 12

GAME THIRTEEN:

No. 3 Old Dominion at Va. Commonweath Richmond, Va. - October 6, 2006

RICHMOND, Va. -- Senior forward Darcy Pinchbeck (Suffolk, Va.) was one of six Lady Monarchs to find the back of the cage, leading the way with three goals, in No. 3 Old Dominion's 10-0 victory against Virginia Commonwealth.

The win ups the Lady Monarchs' record to 12-1 overall and 4-0 in the Colonial Athletic Association. The victory was ODU's ninth straight and fifth consecutive shutout. To date, the Lady Monarchs' top ranked defense has recorded seven overall shutouts.

Senior midfielder **Dana Sensenig (Denver, Pa.)** captured seven points on the evening with her two goals and season-high three assists. Freshman **Hanna Warren (Green Lane, Pa.)** was the Lady Monarchs' other multiple scorer with two tallies.

Also scoring in the victory was CAA Co-Player of the Week **Nico van Nispen (Bilthoven, Holland)**, sophomore midfielder **Denise Admiraal (Heiloo, Holland)**, and sophomore forward **Kathleen Shea (Elizaville, N.Y.)**. Shea's goal was her first of the season and of her career.

Old Dominion did not wait long to take the lead as van Nispen's goal gave the Lady Monarchs a 1-0 edge just over three minutes into the contest. At the half, the Lady Monarchs enjoyed a 5-0 lead and would go on to add another five goals in the second half.

The Lady Monarchs outshot the Rams 26-2, with only one shot on net, which was saved by netminder Kelly Driscoll (West Chester, Pa.). Virginia's Commonwealth's Laura Baker played the game's first 15 minutes allowing three goals and no saves. Brittany LoVullo finished out the game recording 12 stops. Old Dominion also cornered the Rams, 7-1.

Through the first four games of CAA play, the Lady Monarchs have yet to let an opponent score. CAA opposition has been outscored 23-0, outshot, 102-11 and outcornered 81-10.

SCORING SUMMARY:

Goals by period:

	1	2	Tot
Old Dominion (12-1, 4-0)	5	5	5
VCU (1-11, 0-4)	0	0	0

Time	Team	Goal Scorer	Assists
3:31	ODU	van Nispen, Nicolien (6)	Sensenig, Dana
9:21	ODU	Sensenig, Dana (12)	van Nispen, Nicolien
15:18	ODU	Pinchbeck, Darcy (4)	Sensenig, Dana
21:28	ODU	Sensenig, Dana (13)	--
22:44	ODU	Pinchbeck, Darcy (4)	Admiraal, Daphne
46:03	ODU	Warren, Hanna (2)	van Aswegen, Jo Ann
48:34	ODU	Warren, Hanna (3)	--
49:05	ODU	Pinchbeck, Darcy (6)	Admiraal, Denise
53:56	ODU	Admiraal, Denise (8)	Sensenig, Dana
66:04	ODU	Shea, Kathleen (1)	--

Shots:	Saves:	Corners:
ODU - 26	ODU - 1	ODU - 17
VUU - 2	VCU - 12	VCU - 1

GAME FOURTEEN:

No. 3 Old Dominion at Delaware Newark, Del. - October 8, 2006

NEWARK, Del. -- The third-ranked Old Dominion field hockey team's shutout streak continued as the Lady Monarchs blanked Delaware, 2-0, at Rullo Stadium.

The gives Old Dominion its 10th straight victory and sixth consecutive shutout. Overall, the Lady Monarchs have collected eight shutouts. Old Dominion improves to 13-1 overall and 5-0 in the Colonial Athletic Association as they head into next week's match-up with #1 Maryland, the only team to hand the Lady Monarchs a loss this season. Delaware meanwhile falls to 6-8 overall and 3-2 in the CAA.

Through the five games of CAA play, the Lady Monarchs have yet to let an opponent score. CAA opposition has been outscored 25-0, outshot 129-12 and outcornered 96-11.

The score was 0-0 at the half, but Old Dominion held a 13-0 advantage in shots and 7-0 edge in penalty corners.

Senior **Darcy Pinchbeck (Suffolk, Va.)** finally got the Lady Monarchs onto the scoreboard with just over 17 minutes remaining off a pass from sophomore **Nico van Nispen (Bilthoven, Holland)**. The goal was Pinchbeck's seventh tally of the year and second game-winner.

Old Dominion's second goal of the day came seven minutes later from leading scorer senior midfielder **Dana Sensenig (Denver, Pa.)**. Sensenig put away her team-leading 13th goal off a feed from fellow classmate **Caroline Nichols (Va. Beach, Va.)**.

SCORING SUMMARY:

Goals by period:

	1	2	Tot
Old Dominion (13-1, 5-0)	0	2	2
Delaware (6-8, 3-2)	0	0	0

Time	Team	Goal Scorer	Assists
50:07	ODU	Pinchbeck, Darcy (4)	van Nispen, Nicolien
57:31	ODU	Sensenig, Dana (12)	Nichols, Caroline

Shots:	Saves:	Corners:
ODU - 27	ODU - 1	ODU - 15
UD - 1	UD - 14	UD - 1

GAME FIFTEEN:

No. 3 Old Dominion vs. No. 1 Maryland Norfolk, Va. - October 14, 2006

NORFOLK, Va. -- The third-ranked Old Dominion field hockey lost only its second game of the 2006 season as they were edged out 1-0 by top-ranked Maryland in a thriller at Foreman Field.

The loss drops the Lady Monarchs to 13-2 overall, with both losses coming at the hands of the Terps. Of ODU's four home games, the Terps have been the first opponent to score on Foreman Field this season. Maryland meanwhile improves to 14-1 overall.

The score was 0-0 at the half with Old Dominion holding a slight advantage in shots, 5-4.

Early in the second half, the Lady Monarchs had a chance to break the stalemate as leading scorer, senior midfielder **Dana Sensenig (Denver, Pa.)**, was awarded a penalty stroke. Sensenig entered the day's contest first in the nation having converted all four of her penalty strokes. The Terps changed keepers replacing starting netminder Kathryn Masson with Christina Restivo. Restivo stopped Sensenig's stroke and Masson was promptly put back into the game.

Maryland's Nicole Muracco broke the stalemate about five minutes later to collect the only goal of the game. Paula Infante dribbled to the top right of the circle making the pass to Muracco. Old Dominion goalkeeper **Kelly Driscoll (West Chester, Pa.)** raced out trying to stop the pass from reaching Muracco, but was caught out of position as Muracco received the ball for the goal.

The Lady Monarchs had several looks at net during the second half, but could not convert.

Old Dominion ended the game outshooting Maryland, 12-11, and outcornered the Terps, 8-3. Driscoll made eight saves in the loss, while starting keeper Masson registered seven.

SCORING SUMMARY:

Goals by period:

	1	2	Tot
Maryland (14-1)	0	1	1
Old Dominion (13-2)	0	0	0

Time	Team	Goal Scorer	Assists
42:18	MD	Nicole Muracco (14)	Paula Infante

Shots:	Saves:	Corners:
MD - 11	MD - 8	MD - 3
ODU - 12	ODU - 8	ODU - 8

GAME SIXTEEN:

**No. 3 Old Dominion vs. No. 4 Duke
Norfolk, Va. - October 15, 2006**

NORFOLK, Va. -- Sophomore **Jo Ann van Aswegen** (**Bloemfontein, South Africa**) scored in the closing seconds of the first half to return the third-ranked Old Dominion field hockey to the win column on Sunday with a 1-0 victory over fourth-ranked Duke.

The win improves Old Dominion to 14-2 overall as the Lady Monarchs posted their ninth shutout of the season. Duke meanwhile snaps a five-game win streak as they fall to 12-4 overall.

It looked as if the Lady Monarchs and Blue Devils were going to enter the half tied at 0-0, but Old Dominion managed to get the ball into the circle in the closing seconds. As a scramble in front the the net ocured, van Aswegen got her stick on the ball for a shot past Duke keeper Caitlin Williams with 23.7 seconds left in the half. Old Dominion entered the half up 1-0 and had outshot the Blue Devils, 9-4, and outcornered them, 3-2.

Neither team connected in the second half with the ball going back and forth between both ends of the field. Old Dominion took three shots in half number two while Marian Dickinson managed the lone Duke shot. No penalty corners were awarded in the second stanza.

Williams ended the afternoon with six saves, four stops coming in the first half. Redshirt freshman **Kelly Driscoll** (**West Chester, Pa.**) made two stops in the win for the Lady Monarchs.

SCORING SUMMARY:

Goals by period:

	<u>1</u>	<u>2</u>	<u>Tot</u>
Duke (12-4)	0	0	0
Old Dominion (14-2)	1	0	1

<u>Time</u>	<u>Team</u>	<u>Goal Scorer</u>	<u>Assists</u>
34:33	ODU	van Aswegen, Jo Ann (3)	--

<u>Shots:</u>	<u>Saves:</u>	<u>Corners:</u>
DU- 5	DU - 6	DU - 2
ODU - 12	ODU - 2	ODU - 3